



The Dance Element
 7211 Ogden Business Lane
 Suite 205
 Wilmington, NC 28411
 910.685.3787
 fun@thedanceelement.com
 www.thedanceelement.com

The Dance Element Class Schedule September 14, 2015 – June 10, 2016

Class Levels: 1/2 ~ Ages 3-5 4/5 ~ Ages 9-12 2/3 ~ Ages 5-8 5/6 ~ Ages 12+ 3/4 ~ Ages 7-11 7/8 ~ Company/Advanced Class levels are intended as a guide. Dancers are grouped by both age and ability. * Indicates classes only available with permission from instructor * Indicates Adult Drop-In Classes
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Monday

4:00- 4:45 Strength & Conditioning 4/5 & 5/6	
4:45- 5:45 Hip Hop & Jazz Funk 4/5 & 5/6	
5:45- 7:00 Ballet 4/5 & 5/6	5:30- 6:45 Adult Ballet * (Begins Sept. 21 st)
7:00- 7:30 Pointe 4/5 & 5/6*	6:45- 7:45 Adult Tap * (Begins Sept. 21 st)

Tuesday

3:45- 4:30 Ballet/ Tap/ Tumble 1/2 (Ages 4-5)	3:45- 4:30 Tap & Irish Dance 4/5 & 5/6
4:30- 5:15 Ballet 2/3 & 3/4	4:30- 5:30 Jazz & Tricks 4/5 & 5/6
5:30- 7:00 Ballet 7/8*	5:30- 6:15 Acrobatics 2/3 & 3/4
7:00- 8:00 Pointe, Variations, & Repertory 7/8*	6:15- 7:00 Hip Hop 2/3 & 3/4

Wednesday

3:45- 4:15 Ballet/ Tumble 1/2 (Ages 3-4)	3:45- 4:30 Ballet 2/3
4:15- 5:00 Jazz 3/4	4:30- 5:15 Tap & Jazz 2/3
5:15- 6:15 Ballet 4/5 & 5/6	5:15- 6:15 Hoop Dance 2/3 & 3/4
6:15- 7:00 Pointe 4/5 & 5/6*	6:30- 7:30 Teen/ Adult Hoop Dance*
7:00- 8:00 Modern, Lyrical, & Contemporary 4/5 & 5/6	

Thursday

1:30-2:30 Exploring Dance for Home School	
3:45- 4:30 Tap 3/4 & 4/5	4:00- 4:45 Boys Dance Technique
4:30- 5:45 Ballet & Pre- Pointe 3/4	4:45- 5:45 Turns & Jumps 4/5 & 5/6
6:00- 7:15 Ballet 5/6	6:00- 6:45 Acrobatics 3/4 & 4/5
7:15- 8:00 Pointe 5/6*	6:45- 7:30 Contemporary & Lyrical 3/4

Classes fill on a first-come basis.
 Schedule is subject to change.